

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

**A Comprehensive List of Online Resources of interest to Clients, Family
Members and Professionals**

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ATS Node of Clinical Trials Network

The following lists of online resources are specifically related to Substance Use and Co-Occurring Disorders and include the names of organizations, contact information, and brief summaries of their purpose and available services within the on-line community. We have separately listed Mutual Support Organization sites of interest to clients and family members as well as Organizations for Professionals.

This Guide was prepared by Dennis C. Daley, PhD and Janis McDonald, the ATS Node of Clinical Trials Network.

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

Table of Contents

1. Mutual Support Organizations

	Page
1. Adult Children of Alcoholics	3
2. Al-Anon and Ala-Teen	3
3. Alcoholics Anonymous	3
4. Alcoholics for Christ	4
5. Alcoholics Victorious	4
6. Celebrate Recovery	5
7. Cocaine Anonymous	5
8. Crystal Meth Anonymous	6
9. Double Trouble in Recovery	6
10. Dual Recovery Anonymous	6
11. Emotions Anonymous	7
12. Families Anonymous	7
13. Gamblers Anonymous	7
14. LifeRing Secular Recovery.....	8
15. Men for Sobriety	8
16. Methadone Anonymous	9
17. Methadone Support	9
18. National Association for Children of Alcoholics	9
19. National Alliance for Medication Assisted Recovery	10
20. Nar-Anon Family Groups	10
21. Narcotics Anonymous	10
22. Nicotine Anonymous	11
23. Overcomers Anonymous	11
24. SMART Recovery	11
25. Secular Organizations for Sobriety	12
26. Women for Sobriety	12

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

2. Organizations for Professionals

1. American Academy of Addiction Psychiatry	14
2. American Association for the Treatment of Opioid Dependence	14
3. American Society of Addiction Medicine	14
4. Association for the Treatment of Tobacco Use and Dependence	15
5. Center for Substance Abuse Prevention/SAMHSA	15
6. Center for Substance Abuse Treatment/SAMHSA	15
7. Children of Alcoholics Foundation	16
8. College on Problems of Drug Dependency	16
9. National Association of Addiction Treatment Providers	17
10. National Clearinghouse for Alcohol and Drug Information	17
11. National Institute on Alcohol Abuse and Alcoholism	17
12. National Institute on Drug Abuse	18
13. National Organization on Fetal Alcohol Syndrome	19
14. Research Society on Alcoholism	19
15. Society for Research on Nicotine and Tobacco	20
16. State Associations of Addiction Services	20
17. Substance Abuse and Mental Health Services Administration	20
18. William L White Papers	21

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

1. Mutual Support Organizations

Organization/Contact Information	Purpose	Components
<p>1) Adult Children of Alcoholics Phone 562-595-7831 http://www.adultchildren.org</p> <p>Pittsburgh, Pa (PA086) Contact: kaplancares@kaplan.edu</p>	<ul style="list-style-type: none"> • Adult Children of Alcoholics is an anonymous <u>Twelve Step, Twelve Tradition</u> program of women and men who grew up in an alcoholic or otherwise dysfunctional home. • We meet with each other in a mutually respectful, safe environment and acknowledge our common experiences. We discover how childhood affected us in the past and influences us in the present. We take positive action. • By practicing the <u>Twelve Steps</u>, focusing on <u>The Solution</u>, and accepting a loving Higher Power of our understanding, we find freedom from the past and a way to improve our lives today. 	<ul style="list-style-type: none"> • Group Meetings • Telephone meetings • Online meetings/chat • Online forums • Written materials
<p>2) Al-Anon and Ala-Teen http://www.al-anon.alateen.org/ 1-888-425-2666</p> <p>Western Pennsylvania Meetings: Phone: 800-628-8920 http://www.pa-al-anon.org/</p>	<ul style="list-style-type: none"> • Since its founding in 1951, these have shared a single purpose: to help family and friends recover from the effects of someone else’s drinking. • Members share their personal experiences and stories, and invite other members to “take what they like and leave the rest”—that is, to decide for themselves what lesson they could apply to their own lives. • The best place to learn how Al-Anon works is at a local meeting • Personal contact is an important element in the healing process. • Web page selections give encouragement to visit your first meeting. • Newcomers are often interested in learning from members whose personal situations most closely resemble theirs. • After attending Al Anon meetings, they begin to understand how much they have in common with everyone affected by someone else’s drinking, regardless of the specific details of their personal situation. 	<ul style="list-style-type: none"> • Support for spouses and partners, adult children of alcoholics, teens, parents, grandparents and siblings affected by someone else’s drinking. • Face-to-face meetings • On-line and telephone meetings (call 1-800-628-8920)
<p>3) Alcoholics Anonymous (AA) http://www.aa.org/</p>	<ul style="list-style-type: none"> • Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope to solve their common problem and help others to recover from alcoholism. 	<ul style="list-style-type: none"> • Regularly-scheduled local community meetings • Sponsors

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<p>A.A. World Services, Inc., 11th Floor 475 Riverside Dr. at West 120th St. New York, NY 10115 (212) 870-3400</p> <p>Pittsburgh Area Central Office: 24 Hr Answering Svc: (412) 471-7472 Site: www.pghaa.org</p>	<ul style="list-style-type: none"> • The only requirement for membership is a desire to stop drinking. • There are no dues or fees for AA membership; we are self-supporting through our own contributions. • AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. • Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. 	<ul style="list-style-type: none"> • 12-Step programs • Books/pamphlets, videos and periodicals related to recovery • Opportunities for service • Recovery events
<p>4) Alcoholics for Christ www.alcoholicsforchrist.com</p> <p>Email: office@alcoholicsforchrist.com Telephone: 248-399-9955 Fax: 248-399-1099</p> <p>Address: 1316 N. Campbell Rd. Royal Oak, MI 48067</p> <p>(No meetings in the Pittsburgh area)</p>	<ul style="list-style-type: none"> • AC is an inter-denominational, non profit, Christian fellowship that ministers to 3 groups: substance abusers, family members, adult children raised in alcoholic, substance abuse or dysfunctional families. • AC ministries is dedicated to the propagation of the gospel of Jesus Christ, as well as sharing His burden for the lost and hurting individuals. • This fellowship uses the Word of God as its primary source of direction. • Our chief goal is to direct and restore the alcoholic or substance abuser, the family member and the adult child to a sincere and dedicated relationship with Jesus Christ. • We encourage that a person stay active in their local A/C, AA, NA, ACOA, or other support group and continue to worship within their own body of believers. 	<ul style="list-style-type: none"> • Face-to-face meetings • Newsletters • Children and family programs • Prison/jail ministries
<p>5) Alcoholics Victorious (AV) http://www.alcoholicsvictorious.org</p> <p>phone: 816-561-0567</p>	<ul style="list-style-type: none"> • AV is a network of Christian support groups for addicted persons. We believe that alcoholism is an addiction, and that the alcoholic is an individual who cannot, as a matter of will power alone, control the dependency. • Some groups also sponsor meetings for the spouses and concerned 	<ul style="list-style-type: none"> • Community Christian support group meetings • Use of 12-Steps and Alcoholics Victorious Creed • Some meetings held to benefit

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<p>(no presence in the Pittsburgh area)</p>	<p>friends of addicts.</p> <ul style="list-style-type: none"> • We are devoted to: support and education about addictive problems, reconciliation to GOD and family, and encouragement and support of one another through fellowship in recovery. • In AV meetings, both the <u>Twelve Steps</u> and the <u>Alcoholics Victorious Creed</u> are used. 	<p>family and friends of addicts</p>
<p>6) Celebrate Recovery http://www.celebraterecovery.com email: info@celebraterecovery.com</p> <p>Pittsburgh area: http://crpittsburgh.com phone: 412-492-4030</p>	<ul style="list-style-type: none"> • A Christ-centered recovery program: Over 700,000 people have gone through the Celebrate Recovery program in more than 17,000 churches worldwide. • Celebrate Recovery is a program designed to help those struggling with hurts, hang-ups, and habits by showing them the loving power of Jesus Christ through the recovery process. 	<ul style="list-style-type: none"> • Christ-centered recovery program • Use of 8 Recovery Principles, “The Road to Recovery” based on the Beatitudes • Use of “Life’s Healing Choices in Step Studies”
<p>7) Cocaine Anonymous (CA) http://www.ca.org/</p> <p>W. Pennsylvania Contact: Phone: Tom 412-874-0667 http://www.caofpa.org</p>	<ul style="list-style-type: none"> • CA is concerned solely with the personal recovery and continued sobriety of individual drug addicts who turn to our Fellowship for help. • CA is open to all persons who state a desire to stop using cocaine, including “<u>crack</u>” cocaine, as well as <u>all other mind-altering substances</u>. • There are no dues or fees for membership. Our expenses are supported by the voluntary contributions of our members — we respectfully decline all outside contributions. We are not allied with any sect, denomination, politics, organization or institution. • Like AA (with which we are not affiliated), we use the <u>Twelve Step</u> recovery method, which involves service to others as a path towards recovery from addiction. • We feel that one addict talking to another can provide a level of mutual understanding and fellowship that is hard to obtain through other methods. • We hold <u>regular meetings</u> to further this fellowship, and to allow new members to find us and, perhaps, the answers they seek. 	<ul style="list-style-type: none"> • Regularly-scheduled meetings • Focus on 12-Step Philosophy • Reading materials related to addiction and recovery.

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<p>8) Crystal Meth Anonymous (CMA) http://www.crystalmeth.org 4470 W. Sunset Blvd, Suite 107 PMB 555 Los Angeles, CA 90027-6302 Phone: 213-488-4455 (no meetings in the Pittsburgh area)</p>	<ul style="list-style-type: none"> • CMA is a fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth. • The only requirement for membership is a desire to stop using. • There are no dues or fees for CMA membership; we are self-supporting through our own contributions. • CMA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes. • Our primary purpose is to lead a sober life and to carry the message of recovery to the crystal meth addict who still suffers. 	<ul style="list-style-type: none"> • 12-Steps and 12-Traditions • Regularly-scheduled meetings in selected areas of the country • Sponsors • Literature and readings
<p>9) Double Trouble in Recovery http://www.bhevolution.org/public/doubletroubleinrecovery Double Trouble in Recovery c/o MH Empowerment Project 271 Central Ave, Albany NY 12209 518-434-1393 MyIndependentLiving.org (meeting list not available)</p>	<ul style="list-style-type: none"> • DTR is designed to meet the needs of the dually diagnosed, and is clearly for those having addictive substance problems as well as having been diagnosed with a psychiatric disorder. • DTR follows a Twelve Step approach to recovery. • Working the DTR Twelve Steps and regular attendance at DTR and other appropriate self-help groups will help us gain the rewards of sanity, serenity and freedom from addictions. • There are no dues or fees for DTR membership; they are self-supporting through contributions. 	<ul style="list-style-type: none"> • 12-Step based • Recovery group meetings • On-line access to reading materials, pamphlets, etc. related to dual diagnosis and recovery
<p>10) Dual Recovery Anonymous (DRA) http://draonline.org/dual_diagnosis.html Dual Recovery Anonymous World Network Central Office</p>	<ul style="list-style-type: none"> • DRA is a 12-step program for individuals who experience both addiction and an emotional or psychiatric illness. Men and women who currently use psychiatric medications under a doctor's care, or who have done so in the past, are welcome to participate. • The primary purpose of DRA is to help one another achieve dual recovery, to prevent relapse, and to carry the message of recovery to others who experience dual disorders. 	<ul style="list-style-type: none"> • Group meetings • Follows 12-steps and 12-traditions • Bookstore, DD-related downloads, etc. • Sponsors

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

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<p>P.O. Box 8107, Prairie Village, Kansas, 66208 E-mail: draws@draonline.org Phone: 913-991-2703 (9-5 Central)</p> <p>(Pittsburgh meetings available – see Website – “Find a meeting”)</p>	<ul style="list-style-type: none"> • DRA has two requirements for membership: a desire to stop using alcohol and other intoxicating drugs, and a desire to manage our emotional or psychiatric illness in a healthy and constructive way. • DRA is a nonprofessional self-help program. The DRA fellowship has no opinion on matters of diagnosis, treatment, medication, or other issues related to the health-care professions. 	
<p>11) Emotions Anonymous (EA) PO Box 4245 St. Paul, MN 55104-0245 651-647-9712</p> <p>www.emotionsanonymous.org (Pittsburgh meetings may be available – see Website)</p>	<ul style="list-style-type: none"> • EA is a 12-step organization, similar to AA. • Our fellowship is composed of people who come together in weekly meetings for the purpose of working toward recovery from emotional difficulties. • EA members are from many walks of life and are of diverse ages, economic status, social and educational backgrounds. • The only requirement for membership is a desire to become well emotionally. 	<ul style="list-style-type: none"> • EA book, which features writings on the Steps and personal recovery stories, our daily meditation book <i>Today</i>, and program-approved literature. • Weekly face-to-face meetings • Online discussion
<p>12) Families Anonymous (FA) PO Box 3475 Culver City, CA 90231-3475 800-736-9805</p> <p>www.familiesanonymous.org</p> <p>(no Pittsburgh meetings at this time)</p>	<ul style="list-style-type: none"> • FA is a 12-step fellowship for the families and friends who have known a feeling of desperation concerning the destructive behavior of someone very near to them, whether caused by drugs, alcohol, or related behavioral problems. • When you come into our rooms you are no longer alone, but among friends who have experienced similar problems. • Any concerned person is encouraged to attend our meetings, even if there is only a suspicion of a problem. 	<ul style="list-style-type: none"> • Online Meeting Without Walls group • National and international face-to-face meetings • Literature, CDs, group materials available on-line
<p>13) Gamblers Anonymous (GA) International Service Office PO Box 17173 Los Angeles, CA 90017 213-386-8789</p>	<ul style="list-style-type: none"> • GA is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. • The only requirement for membership is a desire to stop gambling. • There are no dues or fees for Gamblers Anonymous membership; we 	<ul style="list-style-type: none"> • 12-Step program • U.S. face-to-face meetings • U.S. hotlines • Intergroup mail addresses • Gam-Anon help for family and

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<p>www.gamblersanonymous.org</p> <p>(Check website for Pittsburgh meetings)</p>	<p>are self-supporting through our own contributions.</p> <ul style="list-style-type: none"> • Gamblers Anonymous is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any cause. Our primary purpose is to stop gambling and to help other compulsive gamblers do the same. 	<p>friends</p> <ul style="list-style-type: none"> • Sponsors
<p>14) LifeRing Secular Recovery (LSR) http://lifering.org/ LifeRing Service Center 1440 Broadway, Suite 312 Oakland, CA 94612-2023</p> <p>(no presence in the Pittsburgh area)</p>	<ul style="list-style-type: none"> • The “3-S” Philosophy: “Three-S” is short-hand for the fundamental principles of LifeRing: Sobriety, Secularity, and Self-Help. • Sobriety. In LifeRing it always means abstinence. • The basic membership requirement is a desire to remain abstinent from alcohol and “drugs.” • LifeRing welcomes people regardless of their “drug of choice.” • Secularity. LifeRing Recovery welcomes people of all faiths and none. • You get to keep whatever religious beliefs you have, and you are under no pressure to acquire any if you don’t. • Participants’ spiritual or religious beliefs or lack thereof remain private. • Self-help in LifeRing means that the key to recovery is the individual’s own motivation and effort. • The main purpose of the group process is to reinforce the individual’s own inner strivings to stay clean and sober. • LifeRing is a permanent workshop where individuals can build their own Personal Recovery Plans. 	<ul style="list-style-type: none"> • Face-to-face meetings • Practice the “Sobriety Priority” • On-line forums
<p>15) Men for Sobriety (MFS) PO Box 618 Quakertown, PA 18951-0618 Phone: 215-536-8026 Fax: 215-538-9026 http://womenforsobriety.org/beta2/ Men’s brochure: http://www.womenforsobriety.org</p>	<ul style="list-style-type: none"> • MFS is a non-profit organization dedicated to helping men overcome alcoholism and other addictions. • Our "New Life" Program helps achieve sobriety and sustain ongoing recovery. • MFS is based upon a Thirteen Statement Program of positivity that encourages emotional and spiritual growth. 	<ul style="list-style-type: none"> • Men’s sobriety programs (access thru WFS website) • Self-help meetings • 13-statement program of positivity

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<p>rg/Brochure/Brochure-%20Men%20&%20Addictions.pdf</p>	<p>Note: Men's Groups in Canada Only</p>	
<p>16) Methadone Anonymous (MA) (AFIRM: Advocates for the Integration of Recovery and Methadone, Inc) http://www.methadoneanonymous.org/</p>	<ul style="list-style-type: none"> • AFIRM is a group of methadone maintenance treatment providers, consumers and other interested parties. We support methadone maintenance as treatment and as an effective tool of recovery. • We believe that methadone is a successful form of treatment that can be enhanced by the integration of other treatment approaches. • Our mission includes the education and training of health providers and the community regarding the benefits of methadone treatment. • We promote the development and proliferation of MA and other 12-Step fellowships, clinical treatment alternatives, public relations initiatives and other political advocacy. 	<ul style="list-style-type: none"> • Community/consumer advocates
<p>17) Methadone Support (MSO) http://www.methadonesupport.org/</p> <p>For information regarding Pittsburgh meetings:</p> <p>Contact: Kelly Linder methadvocate@aol.com</p>	<ul style="list-style-type: none"> • A non-profit support organization/website for "Medication Assisted Treatment" (MAT)... those addicted or dependent on opiates for any reason, from substance abuse to chronic pain. • A 12-step fellowship that gives support to those on MAT, a member of The Center for Substance Abuse Treatment's (CSAT) Patient Support and Community Education Project (PSCEP), and focus on the basic needs and rights of both patients and providers. 	<ul style="list-style-type: none"> • Group meetings • On-line forums • Publications
<p>18) National Association for Children of Alcoholics (NACoA) Phone 888-554-2627 301-468-0985 http://www.nacoa.org</p>	<ul style="list-style-type: none"> • NACoA believes that none of these vulnerable children should grow up in isolation and without support. • A national nonprofit organization working on behalf of children of alcohol and drug dependent parents. • Our mission is to eliminate the adverse impact of alcohol and drug use on children and families: <ul style="list-style-type: none"> ✓ We work to raise public awareness. ✓ We provide leadership in public policy at the national, 	<ul style="list-style-type: none"> • Periodic online and print newsletters • Videos, booklets, posters, educational materials • Send information packets to all who ask • Maintain a toll-free phone available to all.

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

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	<p>state, and local levels.</p> <ul style="list-style-type: none"> ✓ We advocate for appropriate, effective and accessible education and prevention services. ✓ We facilitate and advance professional knowledge and understanding. 	
<p>19) National Alliance For Medication Assisted Recovery (NAMA Recovery) http://www.methadone.org Phone: 212-595-6262</p> <p>(no presence in Pittsburgh)</p>	<ul style="list-style-type: none"> • An organization composed of medication assisted treatment patients and health care professionals that are supporters of quality opiate agonist treatment. • The primary objective is to advocate for the patient in treatment by de-stigmatizing and empowering medication assisted treatment patients. • We confront the negative stereotypes that impact on the self esteem and worth of many medication assisted treatment patients with a powerful affirmation of pride and unity. 	<ul style="list-style-type: none"> • Function as consumer advocates
<p>20) Nar-Anon Family Groups http://nar-anon.org Nar-Anon Family Group HQ 22527 Crenshaw Blvd #200B Torrance, CA 90505 310-534-8188 or 800-477-6291 For info about on-line meetings: http://nar-anon.org</p> <p>Nar-Anon Pittsburgh area: 412-782-2210 http://nar-anon.org/Nar-Anon/Pennsylvania.html</p>	<ul style="list-style-type: none"> • A worldwide fellowship for those affected by someone else's addiction. • A 12-step program designed to help relatives and friends of addicts recover from the effects of living with an addicted relative or friend. • The only requirement is that there is a problem of drugs or addiction in a relative or friend. • Not affiliated with any other organization or outside entity. • Whether the addict is using or not, Nar-Anon offers hope and recovery to all people affected by the addiction of a loved one or friend. 	<ul style="list-style-type: none"> • Nar-Anon groups hold meetings in the United States, Canada, and worldwide. • Literature and other materials are available at Nar-Anon meetings. • Use Nar-Anon's 12-Steps and 12-Traditions
<p>21) Narcotics Anonymous (NA) http://www.na.org/ NA Main Office PO Box 9999 Van Nuys, California 91409</p>	<ul style="list-style-type: none"> • NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. • We are recovering addicts who meet regularly to help each other stay clean. • The 12-Steps of NA are the basis of our recovery program. • NA gives members a place to share recovery with other addicts. 	<ul style="list-style-type: none"> • 12-Step program • Regularly-scheduled meetings • Regional 24-hour helpline • Resources and literature related to narcotics addiction • Sponsors

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<p>Telephone (818) 773-9999 Fax (818) 700-0700 Pittsburgh neighborhoods, including Squirrel Hill, Greenfield, Hazelwood and Lincoln Place Phone 888-251-2426 http://www.eastendarea.org/</p>	<ul style="list-style-type: none"> • If you are not an addict, look for an open meeting, which welcomes non-addicts. • Discussion meetings allow members to take turns sharing. • Speaker meetings allow one or more members to share for an extended period of time. 	
<p>22) Nicotine Anonymous http://nicotine-anonymous.org</p> <p>For local contact information and meetings email: info@nicotine-anonymous.org</p> <p>Toll free phone: 877-879-6422</p>	<ul style="list-style-type: none"> • Nicotine Anonymous is a Non-Profit 12 Step Fellowship of men and women helping each other live nicotine-free lives. Nicotine Anonymous welcomes all those seeking freedom from nicotine addiction, including those using cessation programs and nicotine withdrawal aids. • The primary purpose of Nicotine Anonymous is to help all those who would like to cease using tobacco and nicotine products in any form. • The Fellowship offers group support and recovery using the 12 Steps as adapted from Alcoholics Anonymous to achieve abstinence from nicotine. 	<ul style="list-style-type: none"> • Internet meetings • Telephone meetings • Starter kits and written materials • Public outreach
<p>23) Overcomers Outreach (OO) http://overcomersoutreach.org/ 12828 Acheson Drive Whittier, CA 90601 1-800-310-3001 Phone: 562-698-9000 Fax: 562-698-2211 Email: info@overcomersoutreach.org (Contact the above for information regarding meetings in the Pittsburgh area)</p>	<ul style="list-style-type: none"> • An international network of Christ-centered 12 Step support groups which ministers to individuals, their families and loved ones who suffer from the consequences of any addictive behavior. • We exist to serve as a bridge between traditional 12-step recovery groups and churches of all denominations. • We recover together as we meet to study and grow in God's Word. • Our ministry is all welcoming, regardless of age, race, lifestyle, background, or belief. 	<ul style="list-style-type: none"> • Support groups using the 12-Steps and scriptures • Groups are structured to be sharing groups, not therapy groups
<p>24) SMART Recovery® http://www.smartrecovery.org/</p>	<ul style="list-style-type: none"> • SMART Recovery® is the leading self-empowering addiction recovery support group. 	<ul style="list-style-type: none"> • Face-to-face meetings • Daily online meetings

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

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<p>7537 Mentor Ave, Suite 306 Mentor, OH 44060 Phone: 440-951-5357 Toll Free: 866-951-5357 Fax: 440-951-5358</p> <p>(Currently no meetings in Pittsburgh)</p>	<ul style="list-style-type: none"> • Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups. • The SMART Recovery 4-Point Program[®] helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, and addiction to other substances and activities. • SMART Recovery sponsors <u>face-to-face meetings around the world</u>, and <u>daily online meetings</u>. Our <u>online message board</u> and 24/7 chat room offer excellent recovery forums. 	<ul style="list-style-type: none"> • Online message board • Publications
<p>25) Secular Organizations for Sobriety (SOS) http://www.cfiwest.org 4773 Hollywood Blvd. Hollywood, Ca 90027 USA Phone (323) 666-4295 Fax (323) 666-4271 Email: sos[at]cfiwest.org (no meetings in the Pittsburgh area)</p>	<ul style="list-style-type: none"> • An alternative recovery method for alcoholics or drug addicts who are uncomfortable with the spiritual content of 12-Step programs. • SOS takes a reasonable, secular approach to recovery and maintains that sobriety is a separate issue from religion or spirituality. • SOS credits the individual for achieving and maintaining sobriety, without reliance on any "Higher Power." • SOS respects recovery in any form regardless of the path used • SOS supports healthy skepticism and encourages the use of the scientific method to understand alcoholism. • SOS is a non-profit network of autonomous, non-professional local groups dedicated helping individuals achieve and maintain sobriety. 	<ul style="list-style-type: none"> • Non-religious alternative to 12-Step • State-wide group meetings • E-group meetings • Quarterly newsletter • Scheduled special events
<p>26) Women for Sobriety (WFS) PO Box 618 Quakertown, PA 18951-0618 Phone: 215-536-8026 Fax: 215-538-9026 http://womenforsobriety.org/beta2/</p>	<ul style="list-style-type: none"> • A non-profit organization dedicated to helping women overcome alcoholism and other addictions. It is, in fact, the first national self-help program for women alcoholics. • Our "<u>New Life</u>" Program helps achieve sobriety and sustain ongoing recovery. • WFS has been providing services to women alcoholics since July, 1976. • This program grew out of one woman's search for sobriety. • WFS self-help groups are found all across this country and abroad. Based upon a <u>Thirteen Statement Program</u> of positivity that encourages emotional and spiritual growth, the "New Life" Program has been extremely effective in helping women overcome their addictions and 	<ul style="list-style-type: none"> • Sobriety programs • Self-help meetings • 13-statement program of positivity

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	embrace a new positive lifestyle.	
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3. American Society of Addiction Medicine	14
4. Association for the Treatment of Tobacco Use and Dependence	15
5. Center for Substance Abuse Prevention/SAMHSA	15
6. Center for Substance Abuse Treatment/SAMHSA	15

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2. Organizations for Professionals

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Online Resources List for Substance Use Disorders and Co-Occurring Disorders

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Organization/Contact Information	Purpose	Components
<p>1) American Academy of Addiction Psychiatry (AAAP) www.aaap.org/</p>	<ul style="list-style-type: none"> • AAAP is an international professional membership organization of psychiatrists, faculty at various academic institutions, medical students, residents and fellows, and related health professionals making a contribution to the field of addiction psychiatry. 	<ul style="list-style-type: none"> • Promote high-quality treatment for all • Educate the public to influence public policy • Provide continuing education for addiction professionals • Encourage research on the etiology, prevention, identification and treatment of addiction
<p>2) American Association for the Treatment of Opioid Dependence (AATOD) www.aatod.org/</p>	<ul style="list-style-type: none"> • AATOD was founded in 1984 to enhance the quality of patient care in treatment programs by promoting the growth and development of comprehensive opioid treatment services throughout the United States. 	<ul style="list-style-type: none"> • Promote the growth and development of opioid treatment services • Support programs and services related to prevention of substance abuse • Advise members as to changes in applicable laws and advancements in opioid treatment
<p>3) American Society of Addiction Medicine (ASAM) www.asam.org</p>	<ul style="list-style-type: none"> • ASAM is a professional society representing physicians dedicated to increasing access and improving quality of addiction treatment, educating physicians and the public, supporting research and prevention, and promoting the appropriate role of physicians in the care of patients with addictions. 	<ul style="list-style-type: none"> • Increase access to and quality of addiction treatment • Educate physicians, other health care providers and the public • Support research/ prevention • Promote the appropriate role of the physician in the care of patients with addiction
<p>4) Association for the</p>	<p>ATTUD is an organization of providers dedicated to the promotion of</p>	<ul style="list-style-type: none"> • Tobacco conferences and

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<p>Treatment of Tobacco Use and Dependence (ATTUD)</p> <p>http://www.attud.org/</p>	<p>and increased access to evidence-based tobacco treatment for the tobacco user.</p> <p>Goals of the organization:</p> <ul style="list-style-type: none"> • Build and maintain an organization representing providers dedicated to the treatment of tobacco use and dependence. • Establish standards for core competencies, for training, and for credentialing of tobacco treatment providers. • Establish multiple forums (e.g., annual meeting, listserv, and journal) for information exchange on best practices, innovations in treatment, and gaps in the empirical base of tobacco treatment. • Serve as an advocate and voice for tobacco users to promote the awareness and availability of effective tobacco treatments. • Serve as a reliable and respected resource of evidence-based tobacco use and dependence treatment for the health care community, regulatory agencies, private foundations, and especially tobacco users. • Promote the implementation of and increased access to evidence-based practice across the spectrum of treatment modalities via policy, funding, and system changes. 	<p>meetings</p> <ul style="list-style-type: none"> • TTS (tobacco treatment specialist) training program accreditation • Newsletters • Journal club postings
<p>5) Center for Substance Abuse Prevention/ SAMHSA (CSAP)</p> <p>www.samhsa.gov/centers/csap/csap.html</p>	<ul style="list-style-type: none"> • CSAP provides national leadership in the Federal effort to prevent alcohol, tobacco and other drug problems. To help Americans lead healthier and longer lives, CSAP promotes a structured, community-based approach to substance abuse prevention through the Strategic Prevent Framework (SPF). 	<ul style="list-style-type: none"> • Promote youth development • Reduce risk-taking behaviors • Build assets and resilience • Prevent problem behaviors across individual's life spans
<p>6) Center for Substance Abuse Treatment/ SAMHSA (CSAT)</p> <p>www.samhsa.gov/centers/csat/csat/html</p>	<ul style="list-style-type: none"> • CSAT promotes the quality and availability of community-based substance abuse treatment services for individuals and families who need them. • CSAT works with States and community-based groups to improve and expand existing substance abuse treatment services under the Substance Abuse Prevention and Treatment Block Grant Program. • CSAT also supports SAMHSA's free treatment referral service to link 	<ul style="list-style-type: none"> • Initiatives and programs based on research findings and the general consensus of experts in the addiction field • Promote the idea that treatment and recovery work best in a community-based, coordinated system of comprehensive

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	people with the community-based substance abuse services they need.	services. <ul style="list-style-type: none"> • Support the nation's effort to provide multiple treatment modalities, evaluate treatment effectiveness, and use results to enhance treatment and recovery approaches.
7) Children of Alcoholics Foundation (COAF) www.coaf.org	<ul style="list-style-type: none"> • COAF's mission is to help children of all ages from alcoholic and substance abusing families reach their full potential by breaking the cycle of parental substance abuse and reducing the pain and problems that result from parental addiction. COAF is a national non-profit that provides a range of educational materials and services to help professionals, children, and adults 	<ul style="list-style-type: none"> • Develops curriculum and other educational materials • Writes reports, provides information about parental substance abuse for the general public • Trains professionals • Promotes research
8) College on Problems of Drug Dependency (CPDD) www.cpdd.vcu.edu For Information contact: Martin W. Adler, PhD Center for Substance Abuse Research Temple University School of Medicine 3400 North Broad Street Philadelphia, PA 19140-5104 Phone: 215-707-3242 Fax: 215-707-1904 Email: baldeagl@temple.edu	<ul style="list-style-type: none"> • CPDD is the longest standing group in the U.S. addressing problems of drug dependence and abuse. • CPDD functions as an independent body affiliated with other scientific and professional societies representing various disciplines concerned with problems of drug dependence and abuse. • CPDD has over 700 members and serves as an interface among governmental, industrial and academic communities maintaining liaisons with regulatory and research agencies as well as educational, treatment, and prevention facilities in the drug abuse field. 	<ul style="list-style-type: none"> • Annual scientific meeting • Special conferences on topics of interest • Sponsors of the journal, <u>Drug and Alcohol Dependence</u> • Timely policy statements and fact sheets available through website
9) National Assoc. of	<ul style="list-style-type: none"> • NAATP promotes, assists, and enhances the delivery of ethical, 	<ul style="list-style-type: none"> • Represents nearly 275

Online Resources List for Substance Use Disorders and Co-Occurring Disorders

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<p>Addiction Treatment Providers (NAATP) www.naatp.org</p>	<p>effective, research-based treatment for alcoholism and other drug addictions by providing its members and the public with accurate, responsible information and other resources related to the treatment of these diseases.</p> <ul style="list-style-type: none"> • Advocates for increased access to and availability of quality treatment for those who suffer from alcoholism and other drug addictions. • Works in partnership with other organizations and individuals that share NAATP's mission and goals. 	<p>providers.</p> <ul style="list-style-type: none"> • Has acted as the voice of private treatment programs throughout the U.S. – including Congress, in the insurance industry, in the utilization review arena and in the treatment field
<p>10) National Clearinghouse for Alcohol and Drug Information https://preventionplatform.samhsa.gov/</p>	<ul style="list-style-type: none"> • SAMHSA's NCADI is a one-stop resource for information about substance abuse problems. NCADI's public library has more than 80,000 journals, newspapers, magazines, and reference books, plus equipment for reviewing audiotapes and videotapes. • The clearinghouse also provides access to 11 computer data bases, including the Educational Resources Information Center (ERIC) of the U.S. Department of Education, the ETOH data base of the National Institute on Alcohol Abuse and Alcoholism, and the bibliographic data base of the Centers for Disease Control and Prevention's Office on Smoking and Health. • NCADI's own Prevention Materials Data Base lists more than 8,000 prevention products, such as curricula, videocassettes, posters, brochures, specialty items, and educational material. 	<ul style="list-style-type: none"> • Approx. 1000 downloadable text and graphic files concerning substance abuse prevention • Access to information specialists • Public forums for posting questions and comments • Online access to CSAP-developed training courses for professionals and the public
<p>11) National Institute On Alcohol Abuse and Alcoholism (NIAAA) www.niaaa.nih.gov</p>	<ul style="list-style-type: none"> • NIAAA conducts and supports research in a wide range of scientific areas including genetics, neuroscience, epidemiology, health risks and benefits of alcohol consumption, prevention, and treatment • Coordinates and collaborates with other research institutes and Federal Programs on alcohol-related issues • Collaborates with international, national, state, and local institutions, organizations, agencies, and programs engaged in alcohol-related work • Translates and disseminates research findings to health care providers, researchers, policymakers, and the public 	<ul style="list-style-type: none"> • Basic research on medications development for alcohol use disorders • Genetic studies of vulnerability to alcohol • Long-term, community-based prevention of alcohol problems at specific life stages • Multi-site, collaborative initiative on Fetal Alcohol

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	<p>NIAAA's webpage provides:</p> <ul style="list-style-type: none"> • Most recent NIAAA news releases and advisories, exhibit schedules and alcohol research updates • Access to publications, including <u>Alcohol Alert</u>, <u>Alcohol Research & Health</u>, newsletters, pamphlets, professional education manuals • Access to database resources and statistical tables, related websites, research guidelines and resources • Access to extramural and intramural research conducted at NIAAA • Clinical trials information for patients, physicians and NIAAA studies seeking patients 	<p>Syndrome</p> <ul style="list-style-type: none"> • Women, HIV/AIDS, and alcohol • Training the next generation of investigators • News highlights • Underage drinking research initiative
<p>12) National Inst. On Drug Abuse (NIDA)</p> <p>www.nida.nih.gov</p>	<ul style="list-style-type: none"> • NIDA's mission is to lead the Nation in bringing the power of science to bear on drug abuse and addiction. This charge has two critical components. • The first is the strategic support and conduct of research across a broad range of disciplines. • The second is ensuring the rapid and effective dissemination and use of the results of that research to significantly improve prevention and treatment and to inform policy as it relates to drug abuse and addiction. <p>NIDA's webpage provides:</p> <ul style="list-style-type: none"> • Extensive information on drugs, drug problems and treatment • Updates on current research and information on funding opportunities • Information about the Clinical Trials Network national research project • Information about NIDA's AIDS research program • Information on medical and health care professionals (e.g., drug screening tools, curriculum resources, etc.) • Information relevant to the questions and concerns of patients and families • Information relevant to the needs of parents and teachers 	<ul style="list-style-type: none"> • Drugs of Abuse • Publications • Funding opportunities and information • News and events • AIDS research • Clinical Trial Network • NIDA Notes • Information on treatment research • Selected NIDA publications

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<p>13) National Org. on Fetal Alcohol Syndrome (NOFAS)</p> <p>www.nofas.org</p>	<ul style="list-style-type: none"> • NOFAS seeks to create a global community free of alcohol-exposed pregnancies and a society supportive of individuals already living with FASD. • NOFAS effectively increases public awareness and mobilizes grassroots action in diverse communities and represents the interests of persons with FASD and their caregivers as the liaison to researchers and policymakers. • By ensuring that FASD is broadly recognized as a developmental disability, NOFAS strives to reduce the stigma and improve the quality of life for affected individuals and families. 	<ul style="list-style-type: none"> • Communicate the significant risk and harm of prenatal alcohol exposure • Promote national policies that enhance knowledge of FASD and ensure services for families • Extend reach through partnerships and coalitions • Diversify and increase the revenue streams and resources to accomplish our mission
<p>14) Research Society on Alcoholism (RSA)</p> <p>http://www.rsoa.org</p> <p>7801 N. Lamar Blvd, Suite D89 Austin TX 78752-1038 Phone: 512-454-0022 Fax: 512-454-0812</p>	<ul style="list-style-type: none"> • The RSA provides a forum for communication among researchers, who share common interests, in alcoholism. The Society's purpose is to promote research that can lead the way toward prevention and treatment of alcoholism. • Membership consists of regular scientific members, postdoctoral fellows, associate members and student members. The current membership of over 1,800 is drawn from countries throughout the world, with the majority from the U.S. • The annual scientific conference provides a meeting place for scientists and clinicians from across the country, and around the world, to interact. The meeting gives members and non-members the chance to present their latest findings in alcohol research through abstract and symposia submissions. 	<ul style="list-style-type: none"> • Online resources for researchers • Education materials • Events and meetings of interest • Treatment and advocacy resources • Research grants/awards available
<p>15) Society for Research on Nicotine and Tobacco</p>	<p>The mission of the Society is to stimulate the generation of new knowledge concerning nicotine in all its manifestations - from molecular to societal. The Society has three main aims:</p> <ul style="list-style-type: none"> • To sponsor scientific meetings and publications fostering the exchange 	<ul style="list-style-type: none"> • SRNT co-sponsored conferences • Book reviews; newsletters • Online resources for

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<p>http://www.srnt.org/about/mission.cfm</p> <p>2424 American Lane Madison, WI 53704 Tel: 608.443.2462 Fax: 608.443.2474 E-Mail: info@srnt.org</p>	<p>of information on nicotine and tobacco.</p> <ul style="list-style-type: none"> • To encourage scientific research on public health efforts for the prevention and treatment of tobacco use. • To provide a means by which legislative, governmental, regulatory and other public agencies can obtain expert advice and consultation on nicotine and tobacco. 	<p>researchers, clinicians and the public</p> <ul style="list-style-type: none"> • Data sharing • Discussion forums
<p>16) State Associations of Addictions Services</p> <p>www.saasnet.org</p>	<ul style="list-style-type: none"> • SAAS is a nonprofit organization whose membership consists of state associations of addiction treatment and prevention providers. These associations represent programs of all sizes and treatment and prevention approaches. • SAAS is the only national organization of state alcohol and drug addiction treatment and prevention provider associations. • Through our member associations, SAAS has a direct link to thousands of prevention and treatment programs that are the core of the publicly-supported addiction services system. • SAAS serves as an information broker and advocate, linking state associations with national developments such as evidence-based practices and providing input to federal organizations on the needs of community-based services providers and their client 	<ul style="list-style-type: none"> • Ensure healthcare reform requires SUD coverage equal to that of other illnesses • Include SUD prevention and screening in health reform • Include SUD in workforce development initiatives • Increase federal funding for SUD services and research
<p>17) Substance Abuse and Mental Health Services Admin (SAMHSA)</p> <p>www.samhsa.gov</p>	<ul style="list-style-type: none"> • SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. • In order to achieve this mission, SAMHSA has identified <u>8 Strategic Initiatives</u> to focus the Agency's work on improving lives and capitalizing on emerging opportunities. • To accomplish its work SAMHSA administers a combination of competitive, formula, and block grant programs and data collection activities. <p>NAMHSA's webpage provides:</p> <ul style="list-style-type: none"> • Access to major topic areas and programs covered by SAMHSA, 	<p>SAMHSA plays a unique role in advancing service delivery systems and community-wide strategies that improve health status and well-being by providing:</p> <ul style="list-style-type: none"> • Leadership and voice; • Funding; • Surveillance and data; • Public awareness and education; • Regulation and oversight; and • Practice improvement in

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	<p>including substance abuse & mental health prevention, treatment, recovery, grants and funding opportunities, agency administrative information and contacts</p> <ul style="list-style-type: none"> • FY 2012 grant announcements • Publications related to topics that include Children of Alcoholics, Managing Chronic Pain, Enhancing Motivation for Change in Substance Abuse Treatment, etc. • Access to The Substance Abuse and Mental Health Data Archive (SAMHDA), which allows access to the nation’s preeminent substance abuse and mental health research data • Access to Uniform Reporting System (URS) output tables; other mental health statistics reports • Access to the National Registry of Evidence-Based Programs and Practices (NREPP) searchable online registry of more than 160 interventions 	<p>community-based, primary, and specialty care</p>
<p>18) William L White Papers <u>http://www.williamwhitepapers.com/</u></p>	<ul style="list-style-type: none"> • This site contains the full text of more than 200 articles, 7 monographs, 30+ recovery tools, 9 book chapters, 3 books, and links to an additional 13 books written by William White and co-authors over the past four decades. • The purpose of this site is to create a single location where such material may be located by those interested in the history of addiction treatment and recovery in the United States. • Those papers selected for inclusion contain all of the articles and monographs authored by William White on the new recovery advocacy movement, recovery management and recovery-oriented systems of care. • It is hoped that this resource library will serve present and future generations of addiction professionals, recovery coaches and recovery advocates. 	<p>Site offers free access to:</p> <ul style="list-style-type: none"> • Papers • Books & Monographs • Book Reviews • Leadership Interviews • Friends & Favorites • Chronologies • Presentations • Recovery Toolkit • RM & ROSC Library • Get Involved • Biographical info

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