



WELLNESS SOLUTIONS

Well360 Diabetes Management

powered by Onduo

DAY-TO-DAY SUPPORT TO HELP
YOU LIVE YOUR BEST LIFE.



Manage type 2 diabetes on your own terms.

Well360 Diabetes Management is a no-cost* virtual care program that:

- Comes with your health plan and helps you manage your care from the comfort of anywhere.
- Uses a smartphone and the Onduo app to provide access to the virtual health clinic and your care team.
- Gives you a personalized plan with ongoing, coordinated support between visits to your primary care provider.

Type 2 diabetes is manageable — especially when you have the right tools and team in your corner.

Visit <https://onduo.com/highmark/blueshield/> to get started and receive your free smart blood glucose meter and unlimited test strips.**



Scan this QR code to view a short video to learn more about how Well360 Diabetes Management can help you take greater control of your type 2 diabetes.

*There is no cost for most health plan members. If you have a qualified high deductible plan, you may have to pay out of pocket for some services with this solution until you meet your deductible.

To determine if you have any costs for care, you can call the Member Service team at the number on the back of your ID card.

If you are eligible, you will receive an invitation to enroll. Eligibility is determined by several factors including your medical status, health plan coverage and historical medical claims. If you are not initially able to enroll, you may be able to upon meeting eligibility criteria.

**Well360 Diabetes Management powered by Onduo is available to qualified members with a type 2 diabetes diagnosis.

Onduo is a separate company that provides a virtual care program for Highmark members.

Highmark Blue Shield is an independent licensee of the Blue Cross Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。



Because Life.™